

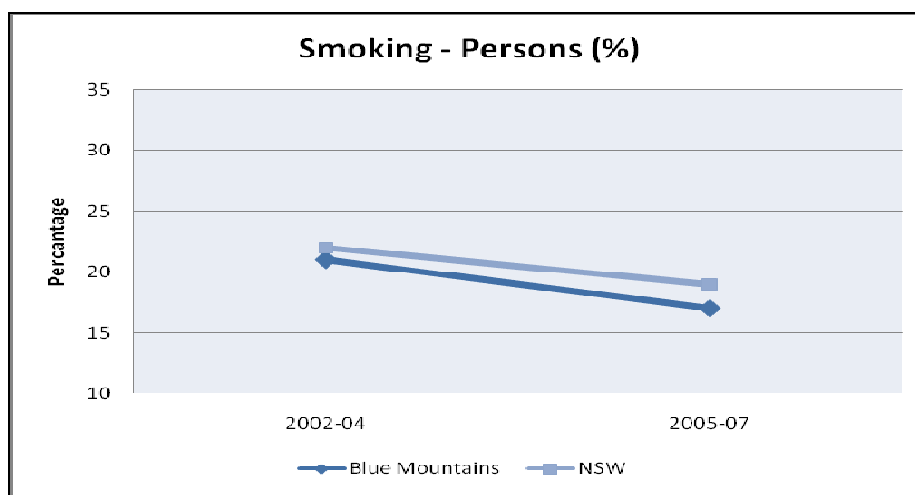
Population - health

What are we monitoring?

Percentage of residents who smoke

What is the trend?

The trend shows a decrease in smoking rates in the Blue Mountains between 2002-2004 and 2005-2007. Although the number of people surveyed in the Blue Mountains was relatively small, it should be noted that the decrease in smoking rates is also reflected at the NSW level.



SMOKING RATES						
	BLUE MOUNTAINS			NSW		
Year	Male %	Female %	Persons %	Male %	Female %	Persons %
2002-04	24	18	21	24	19	22
2005-07	20	14	17	21	17	19

Why is monitoring this trend important?

Smoking increases the risk of premature death and of developing a wide range of diseases, including cancer, cardiovascular disease and stroke. Continual reductions in smoking rates will lead to a healthier population.

Source: NSW Health (2009). New South Wales Population Health Survey. 2005-2007 Report on adult health. Blue Mountains Division of General Practice.