

# Blue Mountains FRUIT and NUT TREE NETWORK

Our network promotes fruit and nut growing in the Blue Mountains by sharing our experiences, skills and surplus produce.

We collect data on fruit and nut trees and plants successfully grown in our region, distribute information and organise activities to assist in:

- sharing knowledge about local fruit and nut production
- sharing surplus produce.

Our aims are to:

- assist groups and individuals to increase the amount of food grown, harvested and distributed throughout the mountains;
- prevent the loss of old varieties of food-producing plants;
- encourage use of local produce for cooking and preserving.

We are continuing work initiated by *Slow Food Blue Mountains*<sup>1</sup>. Collecting and analyzing information on the foods being currently produced and consumed will help us plan how to improve local food production. We are compiling separate lists of:

- types of fruit and nut trees now growing in the Blue Mountains;
- people prepared to share their surplus, e.g. fruit now for jam later<sup>2</sup>;
- people prepared to share their skills in the various aspects of growing, harvesting, storing and preserving fruit and nuts<sup>3</sup>;
- people wanting help in developing these skills.

We want these lists to reflect the current situation as accurately as possible. To get your name on our e-list for notification of activities, to add details to our lists, or get more information, e-mail [anitrans@aapt.net.au](mailto:anitrans@aapt.net.au)

Visit our blog to find out about activities. We welcome blog comments:  
<http://bmfruitandnuttreenetwork.blogspot.com/>

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<sup>1</sup> *Slow Food Blue Mountains* preserves and promotes local food culture, biodiversity, and taste education. They organise activities throughout the year, see <http://slowfoodaustralia.com.au/tag/blue-mountains/>. They are also closely associated with Cittaslow Katoomba Blue Mountains, see [www.cittaslow.org.au](http://www.cittaslow.org.au)

<sup>2</sup> Commercial growers can register details of what they grow and where, which we keep on another list.

<sup>3</sup> People offering workshops related to fruit and nut production are encouraged to use our network for promotion.